

Inaugural NOHS Titan- Fast Feet Timing MS Invite 3/23

2 athletes per event) (2- 4 x 100 squads, 1- 4 x 400 squad per school)

Features:

FAT with Display Clock at Finish Line

Live PA Announcer

Splits Called 800,1600,3200, 4 x 400

Top Times/Marks announced for each Heat-Field Event

Athletes introduced at Start Line each heat

Team Scores Updated/Announced after every few events

All performances Captured to gatfxc.com Team Pages and Profiles

Hip Numbers utilized

Onsite T-Shirts by EagleSportz.com

MileSplit Online Registration @ <http://ga.milesplit.com/meets/106146-nohs-titan-fast-feet-timing-ms-invitational-friday-nite-lights>

Athletes may enter the following # of Events:

Max of 4 Events per meet; Max of 2 Relays per meet; Max of 2 Individual Running per meet; Max of 2 field events per meet

Thus, the combinations are:

2 Relays + 1 Individual Running + 1 Field Events

2 Relays + 2 Field Events

2 Relays + 2 Individual Running

This will allow a few more of your roster to compete in the Meet!

Field Events:

Horizontal Jumps & Throws- 3 Attempts Finals

Pole Vault & HJ- 3 Misses out (Starting Heights: 4-0/6-0 Girls; 4-4/6-6 Boys)

4:00 Discus B/ Shot G

4:00 LJ B/ HJ G

4:00 Pole Vault (B&G)

4:15 3200M (During Field Events)

4:45 HJ B/ LJ G

5:00 Discus G/ Shot B

5:45 TJ (B&G)

Track Events

6:30 4 x 100 Relay

1600m

400m

100m

100h

800m

200m

15 Minute Break

4 x 400m Relay

Team Awards

Team Awards (1st and 2nd)

Medals (Top 3)

Registration fees (please bring your entry fee to the team check in, make check out to
Boys and Girls Team \$50
Single Gender Team \$30
Unattached \$7 per athlete (Home schoolers)

Admission

Adults- \$5
Students, children- \$3

Parking- Your bus driver will be able to drop off athletes behind the visitors stands at the Gate, but then will need to park the Bus at the Elementary school just north of NOHS.

Team Check In- Head Coach, the team check in tent will be inside the gate to the right of the stands. Here, you will be checked in and give your entry fee to the clerk. You will receive a copy of the Heat/Flight sheets also for the events. Which also will be on the meet page in the Results header by Friday 8am.

Traffic RaceDay- There will be a baseball game and soccer match going on simultaneously across the street. Some construction is going on behind the main Track bleachers (though not Live before and during the meet) There will be a designated warm up area after check-in on the infield. After completion of Field Events, only athletes checking in and competing in an event are allowed on the infield.

Venue- Event Protocol- Coaches, Fans and athletes will be allowed on the Infield during Field events but **MUST** stay out of the Throwing sectors, HJ tarmac, runways, pits and competing athletes areas and **OFF THE TRACK during the 3200m for their own safety and the runners.**

Once Field Events are completed everyone must return to the stands except for athletes checking in for their running events unless you are a Coach judging lane exchanges.

Once an athlete has completed their running event, they will exit back inside the fence to the right, please inform your athletes when they cross the finish line, to **NOT WALK BACK ACROSS the FINISH LINE** as the Camera will be LIVE.

Awards Presentation Protocol- Medals are going to be awarded in front of the middle of the stands on the infield immediately after the completion of an event between events.

(for example)

Girls 100 meters is completed,
*winners are announced within 2 minutes after final heat
*winners head to medal area
*winners wait for the boys 100m to be completed
*medals are awarded to the girls, then boys
*New event begins, winners return to stands

We will announce on the PA 1st, 2nd and 3rd placers after each running event is completed. Results will be posted on a board in front of the trailers near concessions a few minutes after each event. If your athlete has won a medal, they need to be prepared to head onto the infield next to the awards area to be recognized, receive their medal with the other 2 winners. Parents, Coaches will not be allowed on the Track to take photos and we will not wait for them to get into position for a photo opp, they need to be ready on the fence in the stands as we want (as well as you), to get the next event underway asap.

Field Event medalists and 3200m athletes will receive their medals immediately after the completion of their event. Those parents and coaches will be allowed on the Track for photo opps as no Track event is being contested

Team Scores will be announced after the completion of the 1st Session, after the 100 Meters and before the 4 x 400 relay.

I will have more on the check-in process, hip numbers, staging to the start next week.

Thanks,

Sincerely,
Bruce Taylor
co-Meet Director/Timer, NOHS Titan-Fast Feet Timing MS Invitational